

Bereavement Support Groups - 2025

HOSPICE & PALLIATIVE CARE



Bereavement Support Groups are free and open to all Kaiser Permanente members and the community. To register for a group, send an email request to: KP-SD-BER@kp.org or call (619) 209-2203 for additional information.

Please join us on one of the following dates:

San Diego Daytime Bereavement Group	10 am – 11:30 am	1 st and 3 rd Tuesdays	Rio San Diego Plaza 8954 Rio San Diego Drive San Diego, CA 92108	2 nd Floor – La Jolla Room (meet in lobby)
San Diego Evening Bereavement Group	5:30 pm – 7 pm	2 nd and 4 th Thursdays	Kaiser Permanente La Mesa Medical Office 8080 Parkway Drive La Mesa, CA 91942	Lower Level – Room B
North County Bereavement Group	10 am – 11:30 am	2 nd and 4 th Wednesdays	Kaiser Permanente San Marcos Medical Office 400 Craven Road San Marcos, 92069	Building 3 2 nd Floor – Room D
Virtual Bereavement Group	11 am – 12 pm	1 st and 3 rd Thursdays	This is a Virtual group. All that is required is a telephone.	Your home

